# Bell Trace Newsletter September 2015

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## **September Birthdays**

Bercie Frohman Myrna Stevens Margaret Yarber Laura Campbell P.A. Mack Dotti Riggins Pauline Spulber Richard Vanderbilt Ann Burke Betty Jarboe Lauretta Kuster Dorothy Akins Irma Elkas Mary Gasser Lyla Kimball Lory Chaplin Nellie Sue Jessup Carl LaGrange Ladyann Loudenback Jerry Blackburn Marjorie Crosby Kenneth Pope	4th 6th 7th 8th 8th 13th 13th 13th 13th 20th 21st 22rd 23th 26th 27th 27th 27th
•	
Kenneth Pope	27th
John Crosby	28th
Phyllis Mangun	29th
Betty Worley	30th
Delty Woney	500

## **Birthday Party**

Friday, September 4 2:00 p.m., The Commons

ALL RESIDENTS ARE INVITED

## From the Desk of Joy Harter

## Bell Trace Gets New Marketing Director



Please welcome Barbara Carroll who has joined our Bell Trace staff as the new Director of Marketing, taking over Suzanne Mann's position. She brings with her over 20 years of sales, marketing, and management experience with Yellow Book, FedEx, and Office Depot.

Barbara is no stranger to Bell Trace, as her mother Liz Carroll has been a resident here since 2012. Her experience "home hunting" with her mother gives her real joy when talking to visitors to our Bell Trace campus when **they** are looking for their new home. Barbara is a graduate of Indiana University with degrees in English and Telecommunication. She has lived in Bloomington for over 25 years and has two children Lauren (who lives in NYC) and Andrew who is in Bloomington.

Along with Barbara, we also welcome Matt Resner who will be helping Julie and Noreen with the Roll and Stroll program. Matt is called an "ACE" (Advocate for Community Engagement). He will serve as a liaison between the service-learning students involved in the Roll and Stroll program and Bell Trace. Matt, in fact, is only one of many students who will be spending some of their time at Bell Trace this year. Yes, it is that time of year. The students are back, and change is in the air.

I know some dread seeing our small town grow seemingly overnight into a mid-size metropolis. But not me. It is one of my favorite times of the year. I love walking our dog on a clear day when the sky is blue and the air is crisp. I am looking forward to sipping red wine on cool evenings, tailgating with friends, The Lotus Festival, and the 4th Street Arts Fair. I hope that you too will enjoy the changing season and partake in the many opportunities that are being offered this month.

## **Welcome New Residents**

Peta Patton IL312 Ralph & Beth Gray IL 115 Carl & Geneva La Grange IL 303

# **Resident Services**

Home Health Services at Bell Trace LifeSpan Home Health, LLC is an Indiana state licensed home health agency that is conveniently located on the campus of Bell Trace Senior Living Community. LifeSpan is a CarDon company providing nursing and support services to the Bell Trace community. If daily non-medical tasks become challenging, LifeSpan Personal Attendants can provide the following services to residents:

- Personal caregiving
- Assistance with bathing, dressing, hygiene, grooming, and other personal care
- Assistance with mobility issues
- Transportation to the doctor or other appointments and outings
- Running errands and shopping
- Light housekeeping
- Meal preparation
- Assistance with pet care
- Companionship at home or for events and outings.

Our LifeSpan Nursing Services can provide:

- Medication management
- Wound care
- Assessments of
  - Blood pressure
  - Pulse
  - Respiratory status
  - Temperature
- Diabetic management
- Lab and x-ray coordination.

For more information on fees and services, please call RN Administrator Brandy Kluesner at 812-961-5556.

#### Massage Massages are available on Tuesdays.

The sign-up sheet is in front of the Activity Book in the Mail Room. When you sign up, please make sure to provide your phone number so that Lisa Prickel, the massage therapist, can call you to schedule your appointment.

## Wellness Checks

#### **Blood Pressure Clinic**

Tuesdays, 9:30—10:00 a.m. 2nd Floor Game Tables

#### Hearing Aid Checks & Cleaning

Wednesday, September 9, 3:30—4:30 p.m. Private Dining Room

#### **TRIAD Medical Round UP**

Wed., September 9, 11:45 a.m.—12:15 p.m. Front Lobby

This is a safe way for you to dispose of any unused pharmaceuticals. TRIAD representatives are here for only a half hour. So...mark your calendar to drop off your unused medications on your way to lunch.

## **Podiatrist Visit**

## Assisted Living Residents

Wednesday, September 16, 8:30 –10:00 a.m. Sunroom

#### Independent Living Residents

Wednesday, September 16, 10:00—12:00 p.m. 2nd Floor Lounge

## Roll & Stroll Wellness Program

Tuesday, Sept. 8th, 6:00-7:00 p.m. Sunroom

All Assisted Living residents and their families are invited to attend this informational session and to meet the Indiana University Service learning students who will also be participating in the program. The program will take place every Tuesday evening after dinner from 6:00—7:00 p.m. for eight weeks.

# **Resident Services**

## Medical Transportation

Bell Trace will continue to offer transportation on Tuesdays and Thursdays for medical appointments that are scheduled between 8:00 a.m. and 3:00 p.m. Please sign up at the Front Desk for transportation at least 24 hours before your appointment. Transportation reservations made with less than 24-hour notice are not guaranteed.

If you use a wheelchair transportation system we can assist you in scheduling your transportation if needed. Bell Trace will cover the cost for those trips as long as they are on a Tuesday or Thursday. If you have medical transportation needs on other days, please contact Leisa McClure at extension 208.

## Bell Trace Beauty & Barber Shop

Located on the Lower Level, The Barber Shop / Beauty Salon is open Tuesday through Friday from 9:00 a.m.—3:00 p.m. Stop in or call for an appointment. Phone: 812-332-2355 ext. 218.

## **Dry Cleaning Service**

Crosstown Cleaners will pick up your dry cleaning and deliver it back to your door on Monday, Tuesday, Thursday, and Friday.

A \$2.00 delivery charge will be added to your dry cleaning bill. Phone: 812-333-6600.

## Get Smart

We are here to help you with problems or questions you may have regarding your cell phone, computer, tablet, etc.

Please contact either Melissa Davis or Julie Hill to schedule one-on-one help.

## **Banking Hours**

First Financial Bank will continue to offer a courier service for their customers on Tuesdays, Thursdays, and Fridays. A bank representative will pick up transactions from the locked bank box outside the 2<sup>nd</sup> Floor Lounge at 10:00 a.m. and will return with a receipt between 2:00 and 3:00 p.m. (Tuesdays and Thursdays only).

Representatives from First Financial will be available on Tuesdays from 1:30—3:00 p.m. in the Bistro Alcove to meet with customers and answer questions.

## Recycling

Currently, you may recycle paper (including newspaper and magazines) by bringing items to the Main Building and putting them in the recycling bins found in the Laundry Rooms on all three floors or use the new big blue bins with yellow tops in the Lower Level recycling area.

## Give and Take Day

Tuesday, September 1, 9:00 a.m.—3:00 p.m., Community Room

If you have items that you no longer need and want to get rid of, bring them down to Give and Take Day. Whatever is left at the end of the day will be taken to Opportunity House. Cold weather items such as hats, gloves, socks, and coats will be donated to the homeless shelter.

## A Special Invitation

If you play or used to play the piano, please feel free to tickle the ivories either in the Front Lobby or on our beautiful Steinway & Sons grand piano in The Commons. We would love to hear you play or even just practice!

# **Resident Services**

## Monroe County Library

#### **Bookmobile Visit**

Wednesdays, 11:30 a.m.—12:00 p.m. under the Front Portico.

The Bookmobile collection includes best-sellers; adult, young adult, and children's books; compact discs; DVDs; magazines; and books-on-CD. Materials not available on the Bookmobile may be requested from the Main Library and then delivered to you the next visit. For more information, call the library at 812-349-3050 ext. 2059.

#### Door to Door Service

If you are unable to navigate the steps of the Bookmobile the library will deliver and pick up materials to your home once a month. The selection of materials available includes large print, regular print, audiobooks, magazines, music CDs, and movies.

If you are interested in this service please see Julie Hill or Melissa Davis in the Life Enrichment Department.

## Support Groups Dementia Support Group

Sunday, September 6, 10:00 a.m., Sunroom

This monthly group is to provide family caregivers or friends of individuals with dementia an opportunity to share their experiences and to receive support from others. This not intended to be for individuals who are living with dementia.

## **Family Support Group**

Saturday, September 12, 10:00 a.m. Sunroom

## Parkinson's Support Group

Friday, September 25, 1:30 p.m., Community Room

For family, caregivers, and those who are living with Parkinson's Disease.

## **Resident Committee Meetings**

#### **Resident Council**

Tuesday, September 1, 1:30 p.m., The Commons

The Resident Council's functions are to: administer the Employee Appreciation Fund; encourage the residents to make suggestions to Council members; and to make sure that the residents know they are welcome at Council meetings.

#### **Garden Committee**

Fridays, 9:00 a.m., Sunroom

#### **Hospitality Committee**

Wednesday, September 16, 2:30 p.m., Community Room

The Hospitality Committee's purpose is to help new residents easily transition to living at Bell Trace. Please come to the meeting if you'd like to volunteer to show a new resident the ropes!

#### **Library Committee**

Friday, September 18, 1:30 p.m., Library

If you have books that you want to donate to the Bell Trace Library, please bring them to the Resident Services Department. We collect the books and then take them to the Library Committee each month. The Library Committee will then decide if they want to add the book to the Bell Trace Library collection or not. If the committee chooses not to keep the book, it then goes to Exchange Day. At the end of the day, if there are still books left, we pack them up and donate them to the Hoosier Hills Food Bank, who is now organizing the annual Book Fair at the Monroe County Fair Grounds in October.

#### **Newcomers Meeting**

Tuesday, September 22, 1:30 p.m., Community Room

If you are new to our community please join us for this monthly meeting. It is a great way to meet people and learn the ropes. Refreshments are served.

## **Special Events**

**"In Accord" Musical Ensemble Performance** Sunday, September 6, 6:30—8:00 p.m. The Commons

Music with Matt DeMars Monday, September 7, 7:00 p.m. Front Lobby

**Roll and Stroll Meet and Greet** Tuesday, September 8, 6:00—7:00 p.m. The Commons

Lary Eaton Plays Music Wednesday, September 9, 3:30 p.m. The Commons

Video and Discussion about Queen Elizabeth II's History-Making Reign Thursday, September 10, 2:30 p.m. Chapel

The Newmans Play Music Wednesday, September 23, 3:00—4:00 p.m. The Commons

Korean Church 17-Piece Chamber Orchestra Concert Thursday, September 24, 2:30 p.m. The Commons

Mary Whittington's Students Piano Recital

Saturday, September 26, 2:00 p.m. The Commons

## Pet Visits

## Visits with Kanika, the Labrador Retriever

Friday, September 4 & 18, 1:45—2:45 p.m.

If you live in Assisted Living and would like a visit from Kanika, please open your door and Kanika will stop by. She will also be stopping by the lobby for visits at the end of her visit.

## Holidays and Celebrations

September Birthday Party

Friday, September 4, 2:00 p.m., The Commons

All residents are invited to come down and celebrate those whose birthdays fall within the month. We always have cake, ice cream, and a song.

Come down early and do a little chair dancing

Labor Day Monday, September 7, 2015

FYI: In honor of Labor Day, Bell Trace will be hosting a special employee appreciation cookout for staff. This event will be held in the south parking lot on Friday September 11.

Is Your Voter Registration Up-to-Date?

If you voted with your current Bell Trace address the last time you voted, the answer is yes. You can skip the rest of this article.

However, if you have moved or changed your address since the last election, then you need to update your registration. On November 3<sup>rd</sup>, local officials such as mayor and city council members will be elected. It's a good idea to be registered correctly now, so you will be ready for the Presidential election in 2016.

The easiest way to register is on a form that you can get from Julie or Melissa. To complete this form you have to provide an identification number such as your driver's license or state ID number. If you do not have one of these, you can still register using the last 4 digits of your Social Security number.

## If you don't **VOTE** you lose the right to complain

# Life Enrichment

## Arts Programming

## Arts & Crafts

Mondays and Wednesdays, 1:30—3:30 p.m. Art Studio

We will be focusing on line drawing.

## Fiber Arts

Tuesdays, 2:00-4:00 p.m., 3rd Floor Lounge

This crafters' workshop is for anyone who appreciates things made by hand. Bring your hand projects or just bring yourself! All are welcome.

## **Creative Writing**

Thursdays, 2:00-4:00 p.m., 3rd Floor Lounge

This group is all about interactive discussion. We review the prose and poetry of professionals and we listen to the prose and poetry of our peers. We provide a safe space for writers to both create and critique.

## **Ukulele Practice**

Thursdays, 4:00—5:30 p.m., The Commons

If you have always wanted to play an instrument then please come and join us. The ukulele is the easiest instrument to learn how to play. We are beginners and we play for fun, not for perfection.

## International Folk Dancing

Thursday, September 10 and 24 7:30—9:00 p.m., Lower Level

#### **Bloomington Peace Choir Rehearsal**

Wednesdays, 7:00—9:00 p.m., The Commons

The Bloomington Peace Choir is a community choir open to anyone who loves to sing. Their new season starts on September 2nd, with new choral director Loida Pineda. She is a graduate student and teacher at the IU School of Music.

Membership in the choir costs \$30; however, if you just want to come and sing and not perform with the group. Please feel free to stop in any time.

# New Art Class for Creative Self Expression

#### Collage Art

Fridays, 2:00—3:00 p.m., Sunroom

Collage is a technique where the artwork is made from an assemblage of different forms and images. We will primarily use magazine images for creating this wonderful and intriguing art form.

We'll have service-learning students involved with our class. The activity will be easy to pick up at any time, so come when you can.

## Games and Trivia

#### Trivia

Mondays, 1:00—1:30 p.m., Front Lobby Thursdays, 1:00—2:00 p.m., Front Lobby

Have fun answering trivia questions or just stop by to hear some interesting and fun facts!

## Bingo [\$]

Mondays, 3:00—4:30 p.m., Community Room Saturdays, 3:00—4:00 p.m., Community Room

Each game is a nickel per card. There is a limit of three cards per game and winner gets the pot!

#### Dominoes

Wednesdays, 1:30-2:30 p.m., Private Dining Room

The group plays Mexican Train Dominoes, a game that takes a combination of luck and skill. If you do not know how to play—don't worry! You can learn on the spot from one of our patient domino players.

#### Scrabble

Tuesdays, 2:30—3:30 p.m., Sunroom

## Life Enrichment

## Lifelong Learning Classes

Science with Melissa "The Universe" Taught by Melissa Davis

**"Sex in Space"** Friday, Sept. 4, 4:00 p.m., Chapel

As man moves to colonize the cosmos, the realities of sexual relationships and reproduction need to be addressed. Probe the physiological, psychological, and cultural challenges of sex in space. From the sex act through birth, look at how the extreme environments of space exploration might affect copulation, conception, and developing human tissues, as well as how issues around sex might impact the emotional lives of astronauts.

## "Light Speed"

Friday, Sept. 11, 4:00 p.m., Chapel

According to the laws of physics we can never travel faster than the speed of light...or can we? Light speed allows us to see things instantly here on Earth, and shows us the entire history of the universe going back nearly 14 billion years.

#### "Parallel Universes"

Friday, Sept. 18, 4:00 p.m., Chapel

Some of the world's leading physicists believe they have found startling new evidence showing the existence of universes other than our own. One possibility is that the universe is so vast than an exact replica of our Solar System, our planet, and ourselves exists many times over. These Doppelganger Universes exist within our own Universe; in what scientists now call "The Multiverse." Today, trailblazing experiments by state of the art particle colliders are looking for evidence of higher dimensions and Parallel Universes. If proof is found, it will change our lives, our minds, our planet, our science, and our universe.

## Lifelong Learning Classes continued:

## Ivy Tech's History Tuesday Ancient Rome: From Republic to Empire [\$24] (6 sessions)

Tuesdays, September 9—October 13 1:30—3:00 p.m., Chapel

Long before the Game of Thrones there was the real world battle for empire as the Roman republic transformed into the Roman Empire. In this class we will explore the period from the reforms of Marius through the establishment of the Empire under Augustus Caesar and all of the politics and battles of the civil wars in between.

## **Coming Next Month**

## World War II in the Pacific [\$24]

Tuesdays, Oct. 20—December 1 1:30—3:00 p.m., Chapel (no class on 11/24 because of Thanksgiving)

Focusing exclusively on the Pacific and China-Burma-India theater of the war, we will explore the origins of the conflict, the major battles, and the big decisions that had to be made along the way. Many famous personalities in U.S. history made their mark in the Pacific theater and we will hear their story along with many lesser-known events that had an impact on the post-war world.

# Life Enrichment

## **Exercise and Wellness Activities**

Move & Groove Friday August 7, 1:30 p.m., The Commons

Come early to the birthday party and do a little chair dancing. We'll end the session with a cake walk.

#### Intermediate Exercise

Mondays, Wednesdays, and Fridays 10:45—11:30 a.m., The Commons

Advanced Exercise Mondays, Wednesdays, and Fridays 10:00—10:45 a.m., The Commons

Mind, Body, Spirit Connection Tues. and Thurs., 10:00—11:00 a.m., Chapel

This session involves a little chair yoga, deep breathing, adaptive Tai Chi movements and a guided visual meditation.

Chair Yoga Saturdays, 11:00 a.m., Chapel

## **Exercise Equipment**

The Exercise Room is located on the Lower Level and is open for use at any time. Residents need to read and sign the consent form before using the equipment. Training on how to properly use the equipment is available; please check with the Therapy Department.

## Walking the Trace

**The Trace,** that follows the perimeter of the Bell Trace campus, is 2/3 of a mile long. Residents are encouraged to take leisurely walks at their convenience with a companion for both safety and social stimulation.

## On The Big Screen

## Saturday Movie Matinee

We will show episodes from the "Lost Cities" series, focusing on ancient mysteries.

Saturday, Sept. 5, 1:00 p.m., 3<sup>rd</sup> Floor Lounge Saturday, Sept. 12, 1:00 p.m., 3<sup>rd</sup> Floor Lounge Saturday, Sept. 19, 1:00 p.m., 3<sup>rd</sup> Floor Lounge Saturday, Sept. 26, 1:00 p.m., 3<sup>rd</sup> Floor Lounge

## Saturday Night at the Movies

If there is a particular movie that you want to see please let Melissa, Kurt or Julie know.

"Her Majesty Mrs. Brown" Saturday, September 5, 7:00 p.m. The Commons

"The Queen" Saturday, September 12, 7:00 p.m. The Commons

"The Good Lie" Saturday, September 26, 7:00 p.m. The Commons

## **Sunday Movie Matinee**

The Sunday Matinee is resident driven—all titles are chosen by residents. The movies this month all feature Bette Davis.

"The Letter", Sunday, September 6, 1:30 p.m. 3<sup>rd</sup> Floor Lounge

Sunday, September 13, 1:30 p.m., "The Star" 3<sup>rd</sup> Floor Lounge

Sunday, September 20, 1:30 p.m., "Mr. Skeffington" 3<sup>rd</sup> Floor Lounge

Sunday, September 27, 1:30 p.m., "Now, Voyager" 3<sup>rd</sup> Floor Lounge

# Out & About

## **Shopping Transportation**

We will take you to a maximum of two different locations on any one shopping trip. Please remember to limit your purchases to two bags.

#### Eastside Shopping

Mondays, Depart at 10:00 a.m. Wednesdays, Depart at 2:00 p.m.

We will drop you off anywhere on the east side of Bloomington, whether it be a store, a bank, or a restaurant. Please sign up with your destination in the Mail Room.

**Grocery Shopping Only on Fridays** Depart at 10:00 a.m.

**My Sister's Closet** Friday, September 11, Depart at 1:00 p.m.

#### **Bloomington Farmers' Market**

Saturday, September 5, Depart at 10:00 a.m. Saturday, September 19, Depart at 10:00 a.m.

#### Wednesday Farmers' Market

Wednesdays, Depart at 9:30 a.m.

#### **Bloomington Flea Market**

Monday, September 14, Depart at 1:00 p.m.

#### Be Prepared!

The bus will leave promptly at the time indicated. To guarantee your seat, please arrive in the Lobby at least 5 minutes before the scheduled departure time. Events and outings that have a dollar sign after them indicate that either a ticket or money is needed for admission.

If you have a question about the cost, please see either Melissa or Julie in the Activities Office.

## **Dining Out**

## Lunch Excursions [\$]

A minimum of four residents is required for all dining out excursions. See menus in the Mail Room.

## Quaff ON!

Wednesday, September 2 Depart at 11:15 a.m.

#### Aver's Gourmet Pizza Buffet

Wednesday, September 9 Depart at 11:15 a.m.

#### **Chambers Smorgasbord**

Wednesday, September 23 Depart at 10:45 a.m.

#### Grazie!

Wednesday, September 30 Depart at 11:15 a.m.

## Men's Lunch Excursion [\$]

A time for the men to gather and have some time to themselves.

#### Hoosier Bar and Grill

Wednesday, September 16 Depart at 11:15 a.m.

## **Please Remember**

The Bistro will only be open for breakfast and lunch on Labor Day.

# Out & About

## **Musical Performances**

**Chicago Harp Quartet at Auer Hall** Friday, September 4, Depart at 7:30 p.m.

Pacifica Quartet at Auer Hall Tuesday, September 8, Depart at 7:30 p.m.

Philharmonic Orchestra at The MAC Wednesday, September 9, Depart at 7:30 p.m.

**Cabaret at St. Paul's Catholic Center** Friday, September 18, Depart at 6:30 p.m. Enjoy free food and soft drinks. Cash bar. This is a fund-raising event so donations are welcome.

## University Orchestra at The MAC

Sunday, September 20, Depart at 2:30 p.m.

**Tony Bennett in Concert at IU Auditorium [\$]** Sunday, September 20, Depart at 7:30 p.m.

# "From Bach to Baker" at Auer Hall Faculty/Guest/Student Recital

Tuesday, September 22, Depart at 7:30 p.m. Featuring Manuel Fisher-Dieskau, Cello; Monika Herzig, Piano; Jeremy Allen, Double Bass; and Josh Roberts, Drums. Featuring the music of David N. Baker.

Jacques Ogg and Elisabeth Wright, Harpsichord Concert at Ford-Crawford Hall Wednesday, September 23, Depart at 6:30 p.m.

**Concert Orchestra at The MAC** Wednesday, September 23, Depart at 7:30 p.m.

Max Reger Festival—Opening Organ Recital at Auer Hall

Friday, September 25, Depart at 7:30 p.m.

## Musical Performances continued

Baroque Orchestra at Auer Hall Sunday, September 27, Depart at 1:30 p.m.

Brent Wallarab Jazz Ensemble at The MAC Monday, September 28, Depart at 7:30 p.m.

Sirin Pancaroglu, Harp Concert at Auer Hall Monday, September 28, Depart at 7:30 p.m.

Wind Ensemble at Auer Hall Wednesday, September 30, Depart at 7:30 p.m.

## Theatrical Performances [\$]

**"Of Mice and Men" at Buskirk-Chumley** Saturday, September 19, Depart at 1:30 p.m.

**"The Barber of Seville" at The MAC** Saturday, September 19, Depart at 7:00 p.m.

**"Angelou Gheorghiu" at the IU Auditorium** Wednesday, Sept. 23, Depart at 7:30 p.m.

**"Hedda Gabler" at Ruth N. Halls Theatre** Tuesday, September 29, Depart at 7:00 p.m.

## Eye on the Sky Astronomy Night at Paynetown State Park

We will meet on the beach and turn our eyes upwards to look at the stars, constellations, planets, and more. There will be a telescope and binoculars to give you a closer look at some objects, and other objects will be pointed out that are visible with "naked eye."

Please note—we will only go if the weather is good and the sky is clear.

# Out & About

## Around Town

**Pub Quiz at Players Pub [\$3]** Tuesday, September 1, Depart at 5:30 p.m. Tuesday, September 15, Depart at 5:30 p.m.

**4th Street Art Festival** Sunday September 6, Depart 1:00 p.m.

Indiana Balloon Fest at Monroe County Fairgrounds [admission is per car/bus load] Friday, September 11, Depart at 5:00 p.m.

Watch the hot air balloons launch at 6:00 p.m. If you're feeling really brave, get in line for a tethered balloon ride!

Eye in the Sky Astronomy Night at Paynetown State Park Saturday September 12, Depart at 8:00 p.m.

2<sup>nd</sup> Annual Hot Rod and Classic Car Show at the Monroe County History Center [free] Sunday, September 13, Depart at 11:45 a.m.

Fun, music, and food vendors.

## "The Art of Limestone Work" at The Mathers Museum [free]

Thursday, September 17, Depart at 11:45 a.m.

An exploration and celebration of Indiana's limestone work featuring carving demonstrations, presentations, and discussions. Traditional Arts of Indiana will also be on exhibit.

## Paynetown SRA on Lake Monroe

Friday, September 18, Depart at 11:15 a.m.

We will take a lunch and make s'mores over a campfire for lunch. Put your feet in the water, relax in the shade, or fish on the water's edge for a relaxing afternoon. Please make sure you sign up for a box lunch the day before.

## Around Town continued

## The Power of Words: March [ticket required]

Monday, September 20, Depart at 7:00 p.m. Join Congressman John Lewis and his co-creators for a discussion of their groundbreaking graphic novel series, "March", an engaging and awardwinning first-hand account of Lewis' lifelong struggle for civil and human rights. Bell Trace has 20 tickets.

Indianapolis Zoo [\$13.70 for seniors + lunch] Friday, September 25, Depart at 9:30 a.m.

## Lotus in the Park [free]

Saturday September 26, Depart at 1:30 p.m.

## IU Sports

## IU Football [\$]

IU vs. Southern Illinois Saturday, September 5, Depart at 3:15 p.m.

**IU vs. Florida International** Saturday, September 12, Depart at 7:00 p.m.

## IU vs. Western Kentucky

Saturday, September 19, Depart at 3:00 p.m.

## IU Men's Soccer [\$5]

**IU vs. Rutgers** Sunday, September 20, Depart at 11:30 a.m.

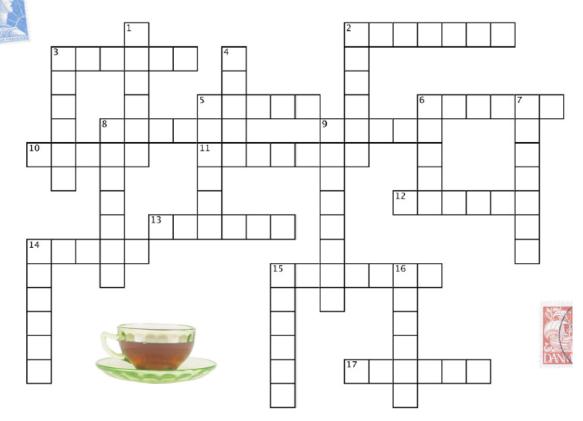
## IU Women's Soccer [free]

**IU vs. Ball State** Sunday, September 13, Depart at 5:00 p.m.

# **GO HOOSIERS!**

## "S" is for September

Use the clues to solve the crossword. All answers begin with the letter S.



ActivityCo

#### ACROSS

- 2. Small onion
- 3. Mariner
- 5. Beauty parlor
- 6. Make waves
- 8. Cup's companion
- 9. Clever
- 10. Soup utensil
- 11. Italian ice cream
- 12. Loofah, for one
- 13. Rough drawing
- 14. Steam bath
- 15. Mocking tone
- 17. Digging tool

#### DOWN

- 1. Catchphrase
- 2. Seasoned sausage
- 3. Charlie Brown's dog
- 4. Not dull
- 5. Hamburger bun seed
- 6. Postage
- 7. Type of salmon
- 8. High voice
- 9. Gym shoes
- 14. Shrimp dish
- 15. Underground train
- 16. What Peter Pan lost