Bell Trace Newsletter

December 2015

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December Birthdays

Opal Moore	1 st
Gary Wittlich	3 rd
Louse Juergens	3 rd
Galina McLaws	4 th
Wendell Frederick	13 th
Bill Schofield	20 th
Betty Jo Lloyd	20 th
Bob Fields	26 th
Jean Hammer	29 th
Doris Douglas	31 st

Birthday Party

Friday, December 4 2:00 p.m., The Commons

Welcome New Residents

Lorraine Picott	Apt. 303
Nancy Cridland	Apt. 210
John Menees	Apt. 362

From the Desk of Joy Harter



Dear Bell Trace Residents and Families.

It's that ever so special time of year again... Just hear those sleigh bells jingling, ring-ting tingling too... when the holidays surround us with ample occasion for merriment and warm, cherished moments shared with family and friends. I always find myself grateful for the abundance of caring hearts that find their place here at

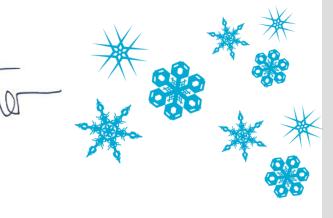
Bell Trace, whether that be in the wonderful people who call Bell Trace their home, or in the compassionate employees who take great pleasure in "taking care of people with their hearts." What a wonderful Bell Trace family we have, and for this I am ever thankful.

Speaking of the festivity of the season, you won't want to miss this year's *Resident Holiday Dinner Party on Wednesday, December* 16, from 4:30—6:00 p.m. in the Commons. This year we will again be entertained by the delightful holiday rhythms of Janiece Jaffe and Curtis Jackson. A delicious dinner will be served to you by the Bell Trace wait staff and then of course you won't want to miss the annual performance of the Bell Trace Bell Tones! If you are new to Bell Trace and haven't yet seen the Bell Tones perform the 12 Days of Christmas, you are in for quite a holiday treat!

Also keep your eye on the monthly calendar (as well as the daily and weekly postings) for our Holiday Theme Days and other musical and holiday festivities throughout the month. There will be no shortage of cheerful holiday occurrences and events in the month of December!

I wish you all a very Merry Christmas, Happy Hanukkah, and may the spirit of the season fill your hearts with love and peace in the coming year.

Best Wishes,



Resident Services

LifeSpan Home Health and Attendant Services

LifeSpan Home Health, LLC is an Indiana state licensed home health agency that is conveniently located on the campus of Bell Trace Senior Living Community. LifeSpan is a CarDon company providing nursing and attendant services to the Bell Trace community. If daily non-medical tasks become challenging, LifeSpan Personal Attendants can provide the following services to residents:

Personal caregiving

Assistance with bathing, dressing, hygiene, grooming, and other personal care

Escort to meals and activities

Transportation to the doctor or other appointments and outings

Running errands and personalized shopping

Light housekeeping

Meal preparation

Pet care and dog walking

Companionship at home or for events and outings

Move-in or move-out assistance

Our LifeSpan Nursing Services can provide: Medication management and injections Wound care

Assessments of vital signs:

- Blood pressure
- Pulse
- Respiratory status
- Temperature

Diabetic management

Lab and x-ray coordination.

For more information on what LifeSpan Home Health can do for you, , please call RN Administrator Brandy Kluesner at 812-332-2355, ext. 256.

Wellness Checks

Blood Pressure Clinic

Tuesdays, 9:30—10:00 a.m. 2nd Floor Game Tables

Hearing Aid Checks & Cleaning

Wednesday, December 9, 3:30—4:30 p.m.

Support Groups

Family Support Group

Saturday, December 5, 2:00 p.m., Sunroom

Being a caregiver has its rewards as well as its challenges. This group is facilitated by Joy Harter, our Executive Director.

Parkinson's Support Group

The Parkinson's support Group will not meet this month.

Massage [\$]

Massages are available on Tuesdays. Be sure to provide your phone number when you sign up so that Lisa Prickel, the massage therapist, can call you to schedule your appointment.

The sign-up sheet is in front of the Activity Book in the Mail Room.

A Call for Volunteers

IU Health Bloomington Hospital is looking for volunteers. The following volunteer opportunities are available:

- Transporting patients via wheelchair to surgery
- Working the Welcome Desk
- Rounding up wheelchairs
- Cuddling small children who are sick or displaced
- Packaging up surgical supplies
- Delivering flowers and cards to patient rooms

If you are interested, please contact Danny Arnold, CarDon Director of Community Engagement, at 812-323-2858.

Resident Services

Medical Transportation

Bell Trace offers transportation on Tuesdays and Thursdays for medical appointments that are scheduled between 8:00 a.m. and 3:00 p.m. Please sign up at the Front Desk for transportation at least 24 hours before your appointment. Transportation reservations made with less than 24-hour notice are not guaranteed.

If you use a wheelchair transportation system we can assist you in scheduling your transportation if needed. Bell Trace will cover the cost for those trips as long as they are on a Tuesday or Thursday. If you have medical transportation needs on other days, please contact Leisa McClure at extension 208.

Transportation Notes

Bell Trace will make every effort to get you to your destination; however, winter is upon us, and the weather is unpredictable. If the road conditions are deemed unsafe, transportation to events will be canceled to ensure everyone's safety. This will be done on a case-by-case basis and either Melissa or the scheduled bus driver will notify you.

We also understand that getting to your scheduled medical appointments are important. Resident safety is our first priority; therefore, our driver will determine if it the road conditions are safe enough to transport you.

If the Monroe County Community Schools are closed, the 10:00 a.m. shopping on Mondays and the Wednesday lunch excursions will be canceled. Since the Wednesday shopping is at 2:00 p.m., we will assess the road conditions to determine whether it is safe to go or not. When shopping, please remember that space is limited on the bus and in order to accommodate everyone, we request that purchases are limited to only what you can carry onto the bus and place either on your lap or on the floor in front of your seat.

Transportation Notes continued

If you use a walker, please remove all unnecessary items from it so that it can easily be folded up and secured on the bus or the van.

Please also remember that if the lights on the bus are flashing or the wheelchair lift is down, passengers are loading or unloading. In order to keep everyone safe, cars should not attempt to go around the bus or pull up next to the bus. Please remind your friends and family who may visit.

Banking Hours

First Financial Bank offers a courier service for their customers on Tuesdays, Thursdays, and Fridays. A bank representative will pick up transactions from the locked bank box outside the 2nd Floor Lounge at 10:00 a.m. and will return with a receipt between 2:00 and 3:00 p.m. (Tuesdays and Thursdays only).

Representatives from First Financial will be available on Tuesdays from 1:30—3:00 p.m. in the Bistro Alcove to meet with customers and answer questions.

Dry Cleaning Service

Crosstown Cleaners will pick up your dry cleaning and deliver it back to your door on Monday, Tuesday, Thursday, and Friday. A \$2.00 delivery charge will be added to your dry cleaning bill. Phone: 812-333-6600.

Bell Trace Beauty & Barber Shop

Located on the Lower Level, The Barber Shop / Beauty Salon is open Tuesday through Friday from 9:00 a.m.—3:00 p.m. Stop in or call for an appointment. Phone: 812-332-2355 ext. 218.

Remember that gift certificates are available and make wonderful Holiday gifts!

Resident Services

Monroe County Library

Bookmobile Visit

Wednesdays, 11:30 a.m.—12:00 p.m. Front Portico.

The Bookmobile collection includes best-sellers; adult, young adult, and children's books; compact discs; DVDs; magazines; and books-on-CD. Materials not available on the Bookmobile may be requested from the Main Library and then delivered to you the next visit. For more information, call the Library at 812-349-3050 ext. 2059.

Door to Door Service

If you are unable to navigate the steps of the Bookmobile the library will deliver and pick up materials to your home once a month. If you are interested in this service please see Julie Hill or Melissa Davis in the Life Enrichment Department.

Resident Committee Meetings

Resident Council

Tuesday, December 1, 1:30 p.m., The Commons

Hospitality Committee

Wednesday, December 9, 2:30 p.m. Community Room

The Hospitality Committee helps new residents transition to living at Bell Trace. Please come to the meeting if you'd like to volunteer to show a new resident the ropes!

Library Committee

Friday, December 11, 1:30 p.m., Library Friday, December 18, 1:30 p.m., Library

Please stop by to help sort through books donated to the Bell Trace Library.

Newcomers Meeting

Tuesday, Dec. 15, 1:30 p.m., Community Room

Recycling at Bell Trace – the Next Chapter!

Bell Trace is pleased to announce that residents are able to recycle more than just newspaper and aluminum cans! We have placed large recycling totes outside the service door and in the north parking lot for you to place your recycled items in.

Items that Can Be Recycled

Plastic containers and bottles

Metal cans—aluminum, tin, and steel

Glass bottles and jars

Newspapers, magazines, catalogs, office paper

Cardboard

Plastic grocery bags (with nothing in them)

PLEASE DO NOT THROW YOUR TRASH IN THE RECYCLE TOTES

Detailed information on the Bell Trace Recycling Guidelines for Apartments and Cottages is available. If you have any questions, please let us know!

Give and Take Day

Tuesday, December 1, 9:00 a.m.—3:00 p.m. Community Room

If you have items that you no longer need and want to get rid of, bring them down to Give and Take Day. Whatever is left at the end of the day will be taken to Opportunity House. Cold weather items such as hats, gloves, socks, and coats will be donated to the homeless center.

Get Smart Technology Assistance

We are here to help you with problems or questions you may have regarding your cell phone, computer, tablet, etc.

Please contact either Melissa Davis or Julie Hill to schedule one-on-one help.

Chats & Discussions

(No chats with Joy in month of December)

Coffee and Conversation

Tuesdays and Thursdays, 8:00 – 11:00 a.m., Bistro Alcove

Deep Listening

Monday, Dec. 14, 7:00 – 9:00 p.m., Sunroom Monday, Dec. 28, 7:00 – 9:00 p.m., Sunroom

Book Discussion Group

Sunday, December 20, 2:00 p.m., Library

Lunch with Rabbi Besser [\$]

Tuesday, December 22, 11:30 a.m., Bistro

Word Talk

Tuesdays, 11:00 a.m. – 12:00 p.m., Sunroom

Current Events

Thursdays, 11:00 a.m. – 12:00 p.m., Sunroom

Bible Study

Saturdays, 10:30 a.m., 3rd Floor Lounge

Religious Services

Church Services

Sundays, 4:00 p.m., Chapel

Catholic Rosary

Wednesdays, 4:00 p.m., Chapel

Catholic Service

Fridays, 11:00 a.m., Chapel

Hanukah

December 6—December 14

We celebrate by lighting the menorah in the Front Lobby at 5:30 p.m. each night of Hanukkah

Christmas Day Service and Carols

Friday, December 25, 10:00 a.m., Chapel

Exercise and Wellness Activities

Move and Groove Chair Dancing

Friday, December 4, 1:30 p.m., The Commons

Intermediate Exercise

Mondays, Wednesdays, and Fridays 10:45 – 11:30 a.m., The Commons

Advanced Exercise

Mondays, Wednesdays, and Fridays 10:00 – 10:45 a.m., The Commons

Please note that there will not be exercise on Friday, December 4 or December 25.

Mind, Body, and Spirit Connection

Tuesdays and Thursdays, 10:00 – 11:00 a.m. The Commons

Chair Yoga

Saturdays, 11:00 a.m., Chapel

Exercise Equipment

The Exercise Room is located on the Lower Level and is open for use at any time. Residents need to read and sign the consent form before using the equipment. Training on how to properly use the equipment is available. Please check with the Therapy Department.



Holidays and Celebrations

December Birthday Party

Friday, December 4, 2:00 p.m., The Commons

All residents are invited to come down and celebrate those whose birthdays fall within the month. We always have cake, ice cream, balloons, and a song.

Come down at 1:30 p.m. and do a little chair dancing

Employee Appreciation Reception

Friday, December 4, 10:00 a.m., The Commons

Hanukkah—Themed Social Hour

Wednesday, Dec. 9, 4:30 p.m., The Commons

Annual Resident Holiday Dinner Party

Wednesday, Dec. 16, 4:30 p.m. The Commons

All residents are invited to a special holiday feast! Come and enjoy an incredible meal, holiday music and entertainment. You won't want to miss it, especially since dinner will not be served in the Bistro or in the Assisted Living Café that evening.

Christmas Eve Poetry Reading

Thursday, December 24, 7:00 p.m. Front Lobby

We'll gather in front lobby for our traditional reading of "A Visit From St. Nick". If you have a favorite wintery poem that you would like to read, please bring it to share.

Christmas Day Friday, December 25, 2015

A special **Christmas Day Brunch** will be served in the Bistro Dining Room from 11:00 a.m. to 1:30 p.m. Please make your reservation with Cris Jones no later than Sunday, December 20.

New Year's Toast

Thursday, Dec. 31, 4:30 p.m., The Commons

Special Holiday Theme Days

Sparkle Day

Friday, December 18 Wear something sparkly today!

Ugly Christmas Sweater Day

Saturday, December 19 Today is the day to get out your favorite "ugly" holiday sweater or sweatshirt!

Angel Day

Sunday, December 20 Wear something with angels!

Candy Cane Day

Monday, December 21 Wear something featuring candy canes or just wear something red and white!

Snowman/Snow Flake Day

Tuesday, December 22 Let it snow, let it snow! Wear something with either a snowman or a snowflake on it!

Red and Green Day

Wednesday, December 23 Wear your red and green today!

Jingle Day

Thursday, December 24
Bring out your jingle bells and make some noise!

Complimentary Gift Wrapping

Let us do the wrapping for you! Bring your unwrapped presents down and we will wrap them for you. We welcome any resident volunteers who would like to help us wrap the presents.

Tuesday, December 15, 3:00 – 4:30 p.m., Community Room

Thursday, December 17, 3:00 – 4:30 p.m., Community Room

Tuesday, December 22, 3:00 – 4:30 p.m., Community Room

Special In-House Events

Musical Events

Music with Matt

Wednesday, December 2, 7:00 p.m., Front Lobby

Mary Whittington's Students Piano Recital Saturday, December 5, 5:00 p.m., The Commons

Bloomington Community Band Holiday Concert Monday, December 7, 7:00 p.m., The Commons

Dayna Clark's Students Piano Recital Tuesday, December 8, 11:30 a.m., The Commons

IU Jacobs School of Music Performance— Liz Hong on the Cello

Wednesday, Dec. 9, 3:00 p.m., The Commons

IU Jacobs School of Music Performance— 20-piece Orchestra Holiday Concert

Thursday, December 10, 3:00 p.m., The Commons

Marlin Elementary Kids' Choir Holiday Performance

Saturday, Dec.12, 10:00 a.m., The Commons

Christmas Caroling by St. Mark's

Sunday, December 13, 3:00 p.m., The Commons

Christmas Caroling by Latter Day Saints

Monday, Dec. 14, 6:30 p.m. Front Lobby

Svetla Vladeva's Students Piano Recital Saturday, Dec.19, 10:30 a.m., The Commons

Christmas Caroling by Kids Can

Sunday, December 20, 2:30 p.m., Front Lobby

The Goodwill Girls Holiday Concert (featuring Joyce Jordan-Peek of The PBJ Trio)

Monday, December 21, 7:00 p.m., The Commons

Threshold Choir Sings Holiday Music

Tuesday, December 22, 7:00 p.m., Lobby

The Newmans Play Music

Wednesday, Dec. 23, 3:00 p.m., The Commons

More Special Events

Deck the Halls!

Tuesday, December 1
Decorate your door or ledge for the holidays!
Prizes will be given at the Resident Holiday Party
on Wednesday, December 16th for the following:
Favorite, Most Festive, and Most Unique.

WonderLab Gift Shop

Friday, December 4, 10:00 a.m.—3:00 p.m. The Commons

IU Travel Club Travel Talk—"Cuba"

Tuesday, December 8, 7:00 p.m., The Commons

Door Decoration Judging Day

Monday, December 14, 8:00 a.m. - 5:00 p.m. Gather your friends and walk the hallways to vote for your favorite, the most festive, and the most unique door or ledge. Pick up your ballots from the Front Desk!

Fiber Arts Show and Tell Craft Sale

Tuesday, Dec. 15, 2:00—4:00, The Commons

Fiber Artists will be sharing and displaying their work. If you have a favorite handmade quilt to share, bring it down and we'll have an old-fashioned quilt turning.

If you have handmade items that you want to sell, this is the time to do it. Bring your items to The Commons at 1:30 p.m. This is a one-day sale only. All items must be removed from the Commons by 4:30 p.m..

Pet Visit with Kanika

Friday, December 4, 1:45 – 2:45 p.m., Assisted Living and Front Lobby

Friday, December 18, 1:45 – 2:45 p.m., Assisted Living and Front Lobby

If you live in Assisted Living and would like a visit from Kanika, please open your door and she will come spend some time with you!

Public Wi-Fi Now Available

On November 20, Public Wi-Fi service was turned on in the Bell Trace Apartment building. This means that public Wi-Fi is now available throughout the entire building. This project has been in the works since October 1, and as of November 20, public wireless access was made available to Bell Trace apartment residents, their families, and our guests.

In order to access the "Bell Trace Public" Wi-Fi when in the building, simply go to "settings" on your phone or device and click on 'Bell Trace Public' when it appears as an option. You will then be prompted to enter an e-mail address which you may do, or you may also simply enter 'resident@belltrace.com'. It is not required that you enter a valid e-mail address when asked to do so. Then you will be prompted to "agree" to the service and you will then be connected to Wi-Fi. In order to stay connected to the Bell Trace Public Wi-Fi, you will need to re-enter your e-mail address or name every two weeks in order to stay authenticated.

If you are an apartment resident who is currently paying for your own wireless service through Comcast or another provider, and you would like to convert to using the Bell Trace Public Wi-fi which is available at no charge, please contact Joy Harter so that the CarDon IT department can assist you with converting to our public Wi-Fi.

WI-FI SUPPORT DAY IS FRIDAY, DECEMBER 4

CarDon Technology (IT) staff will be in our building to assist residents with converting to our Public Wi-Fi.

If you currently pay for Wi-Fi Service and want to convert to our Public Wi-Fi, please contact Joy so that she can arrange for a CarDon Technical person to visit with you on Friday, December 4 in the afternoon. Please contact Joy with any questions.

Arts Programming

Arts & Crafts

Mondays and Wednesdays, 1:30—3:30 p.m. Art Studio

We will continue our exploration of two dimensional work.; collage, painting with water color and making cards. If you have been wanting to get involved in the arts classes, this is a great time to start. We make painting easy.

Fiber Arts

Tuesdays, 2:00—4:00 p.m., 3rd Floor Lounge

This circle is for anyone who appreciates things made by hand. Bring your hand projects or just bring yourself! All are welcome.

Creative Writing

Thursdays, 2:00—4:00 p.m., 3rd Floor Lounge

This group is all about interactive discussion. We review the prose and poetry of professionals and we listen to the prose and poetry of our peers. We provide a safe space for writers to both create and critique.

Ukulele Practice

Thursdays, 4:00—5:30 p.m., The Commons

Learning something new, like how to play the ukulele, is great for your brain. If you're not interested in playing an instrument and just want to exercise your lungs instead, please join us.

"As we let our light shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fear, our presence actually liberates others."

Marianne Williamson

Lifelong Learning Classes

Ivy Tech Class—Ancient Rome: From Republic to Empire [\$] (6 sessions)

Tuesday, December 1, 1:30 – 3:00 p.m., Chapel

History with Kurt—"Liberty"

Thursday, December 3 and 17, 3:30 p.m., Chapel

Science with Melissa—"The Universe"

Friday, December 4, 4:00 p.m., " How the Solar System was Made", Chapel

Friday, December 11, 4:00 p.m., "UFO: The Real Deal", Chapel

Friday, December 18, 4:00 p.m., "Star of Bethlehem", Chapel

Games and Trivia

Trivia

Mondays, 1:00 - 1:30 p.m., Front Lobby Thursdays, 1:00 - 2:00 p.m., Front Lobby

Have fun answering trivia questions or just stop by to hear some interesting and fun facts!

Bingo [\$]

Mondays, 3:00 – 4:30 p.m., Community Room

Each game is a nickel per card. There is a limit of three cards per game and the winner gets the pot!

Dominoes

Wednesdays, 1:30 – 2:30 p.m. Community Room

The group plays Mexican Train Dominoes, a game that takes a combination of luck and skill.

Scrabble

Tuesdays, 2:00 - 3:00 p.m., Sunroom

On The Big Screen

Saturday Movie Matinee

We will show episodes from the "Mysteries of the Bible" series.

Saturdays, 1:00 p.m., 3rd Floor Lounge

Saturday Night at the Movies

If there is a particular movie that you want to see please let Melissa, Kurt or Julie know.

Saturday, December 5, 7:00 p.m. "Miracle on 34th Street", Chapel

Saturday, December 12, 7:00 p.m. "It's a Wonderful Life", Chapel

Saturday, December 19, 7:00 p.m. "Holiday Inn", Chapel

Sunday Movie Matinee

The Sunday Matinee is resident driven—all titles are chosen by residents. The movies this month all feature Henry Fonda.

Sunday, December 6, 1:30 p.m. "The Ox-Bow Incident", 3rd Floor Lounge

Sunday, December 13, 1:30 p.m. "Jesse James", 3rd Floor Lounge

Sunday, December 20, 1:30 p.m. "The Boston Strangler", 3rd Floor Lounge

Sunday, December 27, 1:30 p.m. "My Darling Clementine", 3rd Floor Lounge



Out & About

Musical Performances

Jazz Ensemble at Ford-Crawford Hall Tuesday, December 1, Depart at 8:00 p.m.

Conductors' Chorus at Recital Hall Friday, December 4, Depart at 6:30 p.m.

Bloomington Chamber Singers—Handel Friday, December 4, Depart at 7:00 p.m.

Chimes of Christmas at the IU Auditorium [\$] Saturday, December 5, Depart at 1:30 p.m.

Another Round's 20th Winter Concert [\$10] Saturday, December 5, Depart at 7:15 p.m. Please call the BCT Box Office for tickets.

Classical Orchestra at Auer Hall Saturday, December 5, Depart at 7:15 p.m.

All-Campus Orchestra at Recital Hall Sunday, December 6, Depart at 4:30 p.m.

All-Campus Band at The MAC Tuesday, December 8, Depart at 7:30 p.m.

Concert at the Crossroads: Organ Recital Thursday, December 10, Depart at 11:45 a.m.

IU Children's Choir—Winter Concert at St. John the Apostle Church

Saturday, December 12, Depart at 12:15 p.m.

Stardusters Orchestra , in Mitchell Indiana [\$] Sunday, December 13, Depart 1:45

Pre-College Harp Program—Recital at Auer Hall Sunday, December 13, Depart at 1:30 p.m.

Straight No Chaser at the IU Auditorium [\$] Thursday, December 17, Depart at 7:30 p.m.

UkeTones at The Players Pub with Nina Yost Saturday, December 19, Depart at 4:15 p.m.

Other Out and About Events

Holiday Craft Show at UU church Friday December 4, Depart at 4:00 p.m.

Christmas Lights Tour
Thursday, December 10, Depart at 7:00 p.m.

St. Mark's Women's Christmas Brunch Saturday, December 12, Depart at 9:00 a.m.

Theatrical Performances [\$]

"The Nutcracker" at The MAC Saturday, December 5, Depart at 1:30 p.m.

"Antigone" at Wells-Metz Theatre
Tuesday, December 8, Depart at 7:00 p.m.

"Mary Poppins" at the Buskirk-Chumley Theatre
Saturday, December 19, Depart at 1:30 p.m.

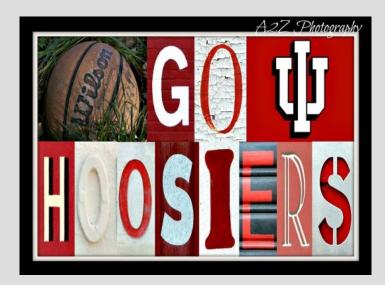
A Special Thank You

As you venture through out the Big Bell building this holiday season please take note of the many Santas that have been added to our holiday decor. These amazing Santas are from the collection of former Bell Trace resident Helen Gooch. Helen had a great eye for art and more importantly an appreciation for all things whimsical and magical.

Thank you Helen and Wendell Gooch for brightening our holiday season!



Out & About



IU Men's Basketball

IU vs. Morehead State [\$]

Saturday, December 5, Depart at 6:00 p.m.

IU vs. IPFW [\$]

Wednesday, December 9, Depart at 6:00 p.m.

IU vs. McNeese State [\$]

Saturday, December 12, Depart at 5:30 p.m.

IU vs. Kennesaw State [\$]

Tuesday, December 22, Depart at 5:00 p.m.

IU Women's Basketball

IU vs. Georgia Tech [\$]

Wednesday, December 2, Depart at 6:30 p.m.

IU vs. Samford [\$]

Friday, December 11, Depart at 6:30 p.m.

IU vs. Yale [\$]

Monday, December 28, Depart at 6:30 p.m.

Be Prepared!

The bus will leave promptly at the time indicated. To guarantee your seat, please arrive in the Lobby at least 5 minutes before the scheduled departure time.

Shopping Transportation

We will take you to a maximum of two different locations on any one shopping trip. Please remember to limit your purchases to two bags.

Eastside Shopping [\$]

Mondays, Depart at 10:00 a.m. Wednesdays, Depart at 2:00 p.m.

We will drop you off anywhere on the east side of Bloomington, whether it be a store, a bank, or a restaurant. Please sign up with your destination in the Mail Room.

My Sister's Closet [\$]

Friday, December 11, Depart at 10:00 a.m.

Downtown and West Side Shopping Friday, December 18, Depart at 10:00 a.m. Is your favorite store on the west side of Bloomington or downtown? Let us take you there.

Dining Out

A minimum of four residents is required for all dining out excursions. See menus in the Mail Room.

Underground Cupcakes and Café [\$]

Wednesday, December 2, Depart at 11:15 a.m.

Uptown Café [\$]

Wednesday, December 9, Depart at 11:15 a.m.

McAlister's Deli [\$]

Wednesday, Dec. 23, Depart at 11:15 a.m.

Yogi's Grill & Bar [\$]

Wednesday, Dec. 30, Depart at 11:15 a.m.

Men's Lunch Excursion Cracker Barrel [\$]

Wednesday, Dec. 16, Depart at 11:15 a.m.



HOLIDAY GIFT STORE AT BELL TRACE

FRIDAY DECEMBER 4 10 am - 3 pm

Check & credit card accepted.

Stock up on Bloomington's best selection of classic science toys, high quality infant and toddler toys, science and construction kits, family games, gifts made by Indiana artisans, and more for any age and any budget.

Or buy an item to donate to Stuff-A-Bus for local families in need. Stuff-A-Bus will be parked outside WonderLab this same day, and we'll deliver your donation!

WonderLab Museum of Science is a not-for-profit organization.